



ANNUAL REPORT | 2021



LAHC

LEADERS ADVANCING & HELPING COMMUNITIES



Funding provided by
Detroit Wayne Integrated
Health Network

www.LAHC.org

LAHC Board of Directors



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*Founder
 Chief Operating Officer
 Armada Oil & Gas Company*



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*President
 Wayne County Commissioner*



The Honorable Mariam Saad Bazzi
*Vice President
 Judge-Wayne County Circuit Court*



Hassan Ahmad; MBA
*Treasurer
 Associate Broker, Remax
 Councilman*



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 Chief Operating Officer
 Beaumont Hospital, Dearborn*



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*Director- At Large
 Judge-Wayne County Circuit Court*



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 Executive Court Administrator
 Third Circuit Court*



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*Director- At Large
 Judge, 19th District Court*



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 Pastor-Christ Temple
 City of Refuge Inkster
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 Operation Refuge INC*



Hassan Sheikh
*Director- At Large
 Deputy Director- City of Dearborn
 Economic & Community
 Development Fund*



Kamal Alsawafy
*Director- At Large
 Lieutenant- Michigan Army National Guard,
 Business Development Manager-Wayne County*



Bridget Hurd
*Board Secretary
 Vice President,
 Inclusion and Diversity. BCBS-MI*

Our Mission

To empower communities, one family at a time, by advancing the educational, social, health and economic well-being of Southeast Michigan Residents.

LAHC FAMILY

Staff



Wassim Mahfouz, MPA
Chief Executive Officer



Marci Mahsney, MS., CPS
*Manager
Program Development and
Community Partnerships*



Mariam Ismail, MS., CPS
*Manager
Substance Abuse Prevention Program*



Kelly Citron, MS., CPS
*Manager
Healthy Living Program*



Brian Scherf, MPH
*Manager
Operations and Quality Improvement*



Omnia Abdullah, MS. CPS
*Program Coordinator
Substance Abuse Prevention Program*



Thomas O'Donohue, MS., CPS
*Program Coordinator
Substance Abuse Prevention Program*



Mara Phillips
*Program Coordinator
ACT Drug Free Community Coalition*



Salima Hammoud
*Case Specialist
Social Services Housing
Assistance Program*



Kasey Carrick
*Health Educator
Healthy Living Program*



**Kimberly Kin, M.Ed,
CPT., AFAA., GGFI., CPR**
*Health Educator & Fitness Specialist
Healthy Living Program*



Linda Bazzi
*Program Coordinator &
Community Outreach Liaison
Healthy Living Program*



Zahraa Ayoub
*Health Educator
Healthy Living Program*



Adam Haj
*Prevention Specialist
Substance Abuse Prevention Program*



Lindsey Volk
Office Manager



Jessica Warfield, MPA, M.Ed
*Guest Facilitator
Youth Leadership Bridge to
College Program*



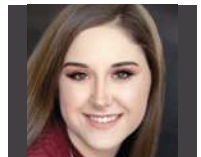
Jenna Nicole Siedlik, CPT
*Health Educator, Nutrition Coach,
Certified Personal Trainer (CPT)
Healthy Living Program*



Endrina Halili
*Health Educator & Fitness Specialist
Healthy Living Program*



Leila Alawie, LMSW
*Prevention Specialist
Substance Abuse Prevention Program*



Addison Fox
*Communications Specialist
ACT Drug Free Community Coalition*



Eman Alsalmi
*Nutrition Educator
Healthy Living Program*



Matthew Zang
*Health Educator
Healthy Living Program*



Kathleen Welko
*Health Educator
Healthy Living Program*

SOCIAL SERVICES AND EDUCATION

COVID-19 RELIEF EFFORT

In an effort to help the brave men and women who keep our community safe and healthy, LAHC distributed PPE to local and state law enforcement agencies to support our first responders as well as school linked community sites. COVID-19 testing and vaccination clinics were provided on demand.



HOUSING ASSISTANCE

In partnership with the City of Dearborn, LAHC awarded over \$310,000 in grants to help local Dearborn families make their delinquent housing payments and utilities bills to avoid shut offs and evictions.

FLOOD RELIEF

As Dearborn struggled to salvage their belongings from the flooding, LAHC mobilized volunteers to provide relief to families in need. We rolled up our sleeves and waded through flooded basements to remove contaminated items.

Furthermore, LAHC provided gift cards, dehumidifiers and mold removal services to support residents in meeting their immediate needs.



— IN 2021 LAHC —
GRADUATED
150 YOUTH
FROM THE YOUTH LEADERSHIP
BRIDGE TO COLLEGE PROGRAM
— AND —
AWARDED
\$35,000
IN SCHOLARSHIPS

SUBSTANCE ABUSE PREVENTION & A.C.T. DRUG FREE COMMUNITY COALITION



**OVER 15,000
SERVED IN 2021**



SUBSTANCE ABUSE PREVENTION PROGRAM

The LAHC Substance Abuse Prevention team offered a ten week program aiming to provide innovative, culturally sensitive and age appropriate prevention education to prevent substance abuse; reduce the rate of juvenile delinquency, drug abuse and more.

LAHC in partnership with the Detroit Wayne Integrated Health Network offers SUD programs to many in the surrounding communities.

BACK TO SCHOOL SUMMER BASH

This fun event held in Dearborn Heights featured a school supplies giveaway, free food and ice cream, a mini food pantry, a dunk tank, and resource tables. Our public health team disseminated vital prevention education, Narcan Kits and training & community resources.



**OVER 500 BACKPACKS
FILLED WITH SCHOOL
SUPPLIES WERE DISTRIBUTED**

GAMBLING PREVENTION PROGRAM

"Stacked Deck" is a set of interactive lessons that teach about the nature of gambling; the true odds and "house edge"; signs, risk factors, and causes of problem gambling; and skills for good decision making and problem solving.



SAFETY DISPOSABLE OF MEDICATION PROGRAM



A partnership between local agencies, foundations, pharmacies, and law enforcement agencies to safely dispose of unwanted medications, prevent overdoses, and protect the environment. This program includes the distribution of drug disposal systems that provides a safe and easy way for people to deactivate unused, expired, or unneeded medications in their own home.



HEALTHY LIVING

OBESITY PREVENTION



ADULT HEALTHY LIVING SERIES

LAHC hosted both virtual and in-person fitness and cooking classes at various Federally Qualified Health Clinics (FQHCs) and community centers throughout the county. Participants were eager to get back to in person programming in 2021.



FAMILY ENGAGEMENT

As the pandemic continued, LAHC worked even harder to reach out and meet the needs of the community. When we asked what the community members wanted more of during COVID-19, the response was more family engagement activities.

W.O.W.

WORKOUT OPPORTUNITIES FOR WOMEN

In 2021, LAHC in collaboration with the Beaumont Foundation and Healthy Dearborn continued its W.O.W. Workout Opportunities for Women initiative. This free community exercise series continues to provide support and opportunities to women via Zoom.



HEALTHY LIVING DIRECT EDUCATION

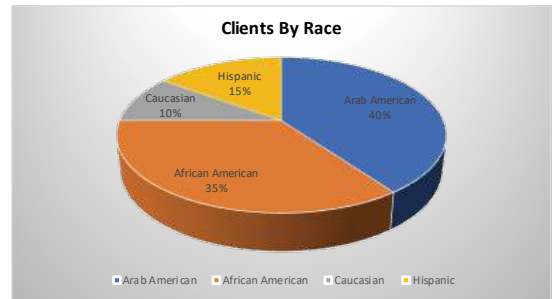
LAHC's Healthy Living- Obesity Prevention team, in partnership with DWIHN, provided direct education to early childhood development centers and local elementary school classrooms. Classes were provided virtually and included snack demonstrations and screen break movement activities. *"This program is helping me to eat more fruits and vegetables. I used to eat 3 per week now I eat 7!"- preK program participant.*

PANEL DISCUSSIONS

Staying connected to the community during times of uncertainty was a priority this year. Our public health department hosted monthly panels spanning an array of important health subjects. Many of these panel discussions focused on mental and behavioral health issues that have increased during the pandemic for children and youth. Participants were also linked to LAHC's Healthy Living Text Program to receive ongoing support.

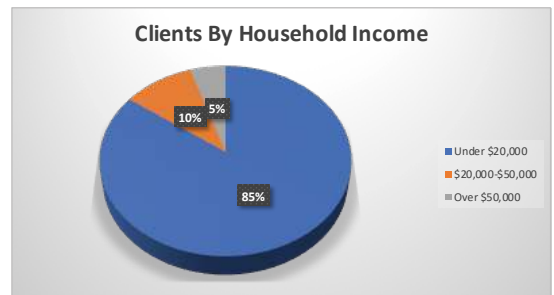
CLIENTS BY RACE

Arab American.....	40%
African American	35%
Caucasian.....	10%
Hispanic.....	15%



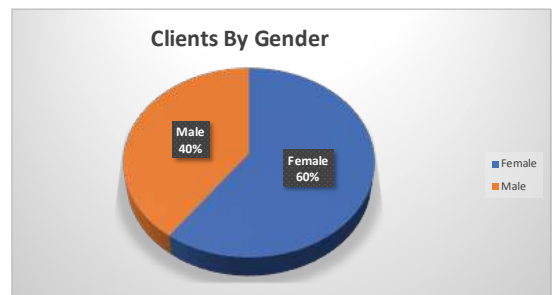
CLIENTS BY HOUSEHOLD INCOME

Under \$20,000	85%
\$20,000 - \$50,000.....	10%
Over \$50,000.....	5%



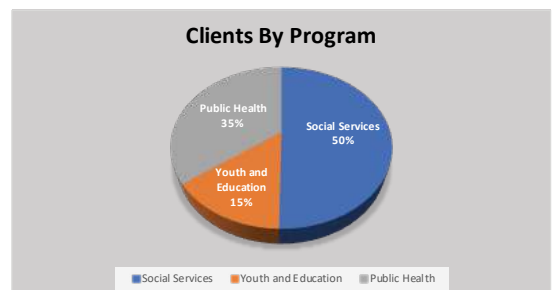
CLIENTS BY GENDER

Men.....	60%
Women.....	40%



CLIENTS BY PROGRAM

Social Services.....	43,000
Youth and Education.....	12,500
Public Health.....	30,000
 Total Served in 2021.....	 85,500

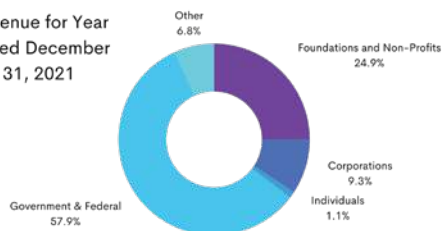


REVENUE FOR YEAR ENDED DECEMBER 31, 2021 (UNAUDITED)

Foundations & Nonprofit Organizations	\$ 543,873
Corporate Contributions	\$ 202,714
Individual Contributions	\$ 24,057
Government & Federal Contracts	\$ 1,261,724
Other	\$ 148,065

Total Income: **\$ 2,180,433**

Revenue for Year
Ended December
31, 2021

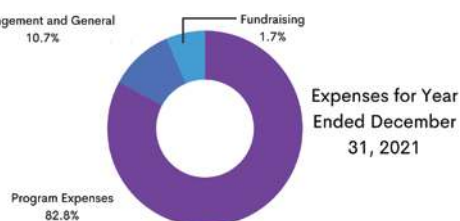


EXPENSES FOR YEAR ENDED DECEMBER 31, 2021 (UNAUDITED)

Program Expenses	\$ 1,576,470
Management & General	\$ 140,145
Fundraising	\$ 84,780

Total Expenses: **\$ 1,801,395**

Management and General
10.7%

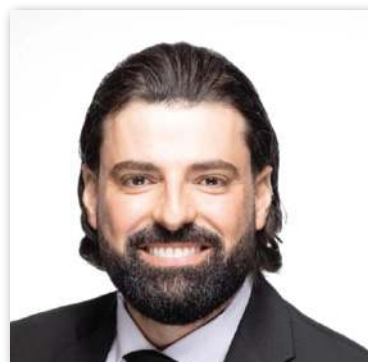


STATEMENT OF FINANCIAL POSITION (UNAUDITED)

Assets

Cash Unrestricted	\$ 1,576,323
Fixed Assets	\$ 1,685,475
Other Assets	\$ 410,677

Total Assets	\$ 3,672,475
Total Liabilities	\$ 354,090
Total Equity	\$ 3,318,385
TOTAL	\$ 3,672,475



Hassan Ahmad, MBA

LAHC Treasurer