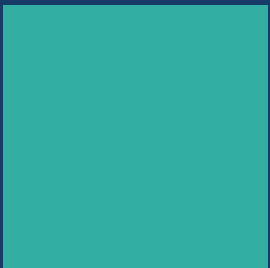
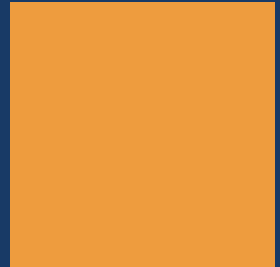
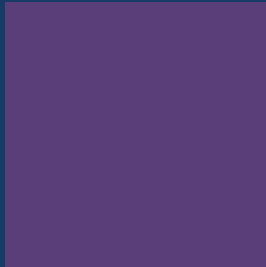


ANNUAL REPORT | 2020



LAHC

LEADERS ADVANCING & HELPING COMMUNITIES

www.LAHC.org

LAHC FAMILY

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Honorable Sam Baydoun
Honorable Mariam Bazzi

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President
Vice President

Hassan Ahmad
Bridget Hurd

Treasurer
Secretary

Board Of Directors

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Hassan Sheikh
Pastor Velma Jean Overman
Kamal Alsawafy

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Director
Director
Director

Thomas Lanni, Jr.
Zenell Brown
Honorable Sam Salamey
Honorable Helal Farhat

Director
Director
Director
Director

Staff



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Senior Executive Director



Marci Mahssney, MS, CPS
*Program Development and
Community Partnerships Manager*



Mariam Ismail, MS, CPS
*Program Manager
Substance Abuse Prevention*



Kelly Citron, MS, CPS
*Program Manager
Obesity Prevention-Healthy Living*



Brian Schref, MPH
*Program Coordinator
Obesity Prevention-Healthy Living*



Omnia Abdullah
*Program Coordinator
Substance Abuse Prevention*



Thomas O'Donohue
*Prevention Specialist
Substance Abuse Prevention*



Amira Haidar
*Prevention Specialist
Substance Abuse Prevention*



Salima Hammoud
Case Specialist- Social services



Kasey Carrick
Health Educator - Healthy Living



Kimberly Kin, M.Ed, CPT.
Health Educator & Fitness Specialist



Linda Bazzi
*Health Educator
& Community Outreach Liaison*



Zahraa Ayoub
Health Educator - Obesity Prevention



Jenna Siedlik, CPT
*Health Educator
& Nutrition Coach*



Aldo Ramos
Executive Assistant



Jessica Warfield, MPA, M.Ed
*Facilitator - Youth Leadership
Bridge To College Program*



Leila Alawie, LMSW
*Prevention & Social
Services Specialist*

2020

SOCIAL SERVICES

COVID-19 RELIEF EFFORT

LAHC in partnership with the Office of the Wayne County Executive, The Children's Foundation, Kroger and Meijer distributed over \$15,000 in gift cards to food insecure families throughout Wayne County.



TURKEY DRIVE

This year, more than ever, the need for our Annual Turkey Drive was felt. In partnership with Kroger and Meijer, LAHC distributed 600 Turkeys, gift cards and 1500 boxes of fresh food to local families throughout Wayne county.



HOODIE DISTRIBUTION

In partnership with Same Day Custom, LAHC distributed 200 hoodies to youth attending the Dearborn Public Schools and Methodist Children's Home Society in preparation for the winter season.



COVID-19 TESTING, FLU CLINIC & PPE DISTRIBUTION

To respond to the urgent need in the community and to combat the COVID-19 pandemic that has plagued the entire globe, LAHC organized a free COVID-19 testing drive. Furthermore, in partnership with Kroger and Blue Cross Blue Shield of Michigan, LAHC hosted a flu clinic. Families were also provided with PPE such as hand sanitizer, face masks and personal hygiene kits.



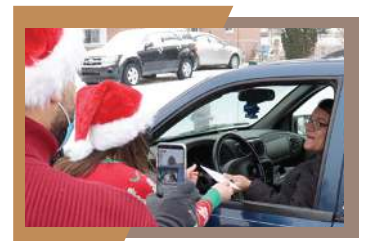
SUPPORTING OUR HEROES

Not all heroes wear capes! Our first responders have been on forefront working relentlessly to support, treat and serve families in our community in their fight against COVID-19. LAHC donated over 45,000 facemasks to Beaumont Hospital to ensure our first responders have the necessary tools to be protected while doing their job.



SANTA ON PATROL

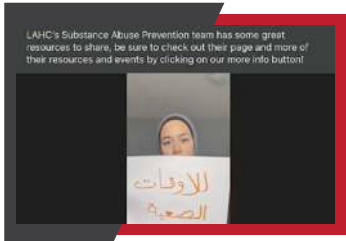
In collaboration with Kroger, the State Police and both the Dearborn Heights and Inkster Police Departments, LAHC conducted routine traffic stops but made them a bit more exciting by giving away gift cards in place of traffic tickets. Over \$10,000 worth of Kroger gift cards have been distributed to families during this holiday season. "This event extends beyond the monetary value of the gift card being presented to families". Stated Wassim Mahfouz, LAHC Senior Executive Director. This is about telling our friends and neighbors that we deeply care for their well-being and they are in our thoughts and prayers, especially during one of the hardest and most challenging years our nation has witnessed". Finished Mahfouz.



SUBSTANCE ABUSE PREVENTION

SUBSTANCE ABUSE PREVENTION PROGRAM

LAHC Substance Abuse Prevention ten-week program aims to provide innovative, culturally sensitive and age-appropriate prevention education to prevent substance abuse; expand community support for fighting drug and alcohol abuse; reduce the rate of juvenile delinquency and alcohol/drug abuse; prevent recidivism in families receiving social services; and stop the intergenerational cycle of child abuse by teaching positive parenting behaviors. The program was offered virtually due to COVID-19.



GAMBLING PREVENTION PROGRAM

“Stacked Deck” is a set of interactive lessons that teach about the nature of gambling; the true odds and ‘house edge’; signs, risk factors, and causes of problem gambling; and skills for good decision-making and problem-solving. To keep youth engaged through a virtual platform due COVID-19 safety protocols, YouTube channels, Tik Tok, Instagram, zoom, google meet and other youth engaging social media outlets were utilized.



SAFETY DISPOSABLE OF MEDICATION PROGRAM

A partnership between local agencies, foundations, pharmacies, and law enforcement agencies to safely dispose unwanted medications, prevent overdoses, and protect the environment. Distribution of Dispose Rx and the Deterra Drug Deactivation System- a drug disposal system that provides a safe and easy way for people to deactivate and dispose of unused, expired or unneeded medications in their own home. Free virtual bilingual demonstrations with safety pick up measures were provided to parents and families around the community.

ACT DRUG FREE COMMUNITY COALITION

In 2015, the A.C.T Drug Free Community Coalition was formed in response to growing concerns about the health and well-being of youth being served by LAHC .The mission of the A.C.T. (Advocate, Collaborate, Treat and Reduce) Drug-Free Community Coalition is to prevent and reduce youth substance abuse through community partnerships. Needed now more than ever, spikes in drug overdose deaths due to the COVID-19 pandemic, our coalition continues to work around the clock through virtual environmental strategies.



SYNAR

LAHC, in collaboration with Detroit Wayne Integrated Health Network, the Michigan Department of Health and Human Services, and other substance abuse prevention agency partners, has been successful in reducing youth access tobacco through retail sources. In 2020, virtual tobacco retail education via phone and zoom were completed as we navigated through COVID-19 safety protocols.

HEALTHY LIVING

OBESITY PREVENTION

W.O.W. WORKOUT OPPORTUNITIES FOR WOMEN

LAHC, in collaboration with the Beaumont Foundation and Healthy Dearborn, continued its W.O.W. Workout Opportunities for Women initiative. This free community exercise series was adapted virtually in April to provide support to women, via Zoom, as we navigated COVID-19 safety protocols.

"I have been so overwhelmed and haven't joined in a while. I am so happy you are still holding these classes. They help me so much with being active and reducing my stress." – W.O.W participant.



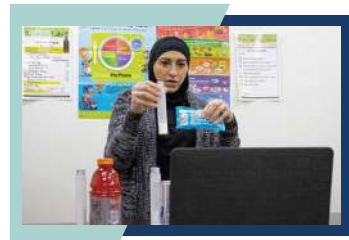
CLINIC SERIES

LAHC quickly adapted its in-person fitness and cooking classes being offered in Federally Qualified Health Clinics (FQHCs) to a virtual series. The weekly 30-minute sessions kept participants engaged through nutrition classes, cooking demonstrations and virtual exercise instruction. *"During COVID it was something I could look forward to. You don't know how mundane things can be. I am almost 70 and live alone. I really looked forward to the program and talking to different people"* – Program Participant.



HEALTHY LIVING DIRECT EDUCATION

LAHC's Healthy Living- Obesity Prevention team provides direct education to early childhood development centers and local elementary school classrooms. Starting in March of 2020, all classes were provided virtually and included snack demonstrations and screen break movement activities. *"The parents are telling me they are enjoying your classes as much as the kids are."* – Dearborn GSRP Teacher



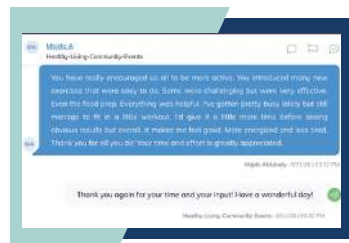
COOKING DEMONSTRATIONS & PANELS

During a time when many people are at home, and in the kitchen more than ever, Healthy Living introduced a series of monthly cooking demonstrations and panel discussions, showcasing a variety of healthy recipes and panels of experts on various topics to engage and promote key health topics. Topics included, diabetes awareness, healthy mindfulness practices and healthy cooking. *"All these recipes are so healthy, nutritious, and delicious. My family is enjoying these recipes."* – Cooking Demo Participant



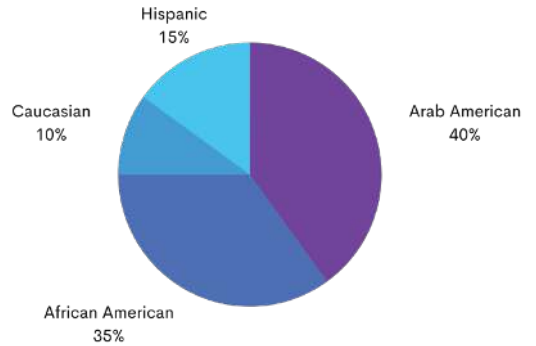
HEALTHY LIVING TEXT PROGRAM

When the world is being physically distant, we must find ways to connect and support one another. One of the ways LAHC reached out to the community was through text messages. Even though we had to put our in-person programming on hold we stayed in contact with our participants via text, sending recipes, COVID-19 information and fitness tips. *"I found it inspirational and encouraging to receive the exercise related texts from LAHC. They reminded me to follow through on my own personal exercise program."*



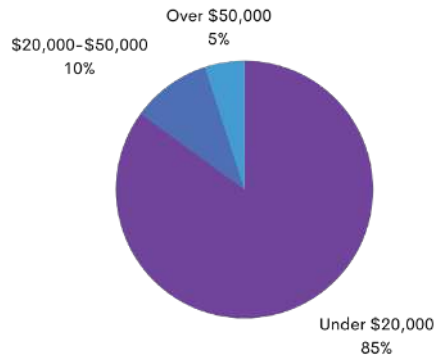
CLIENTS BY RACE

Arab American.....	40%
African American	35%
White.....	10%
Hispanic.....	15%



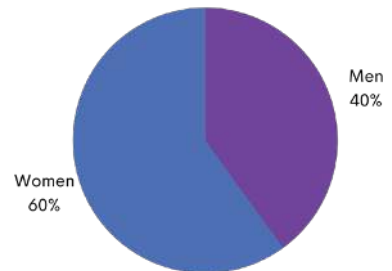
CLIENTS BY HOUSEHOLD INCOME

Under \$20,000	85%
\$20,000 - \$50,000.....	10%
Over \$50,000.....	5%



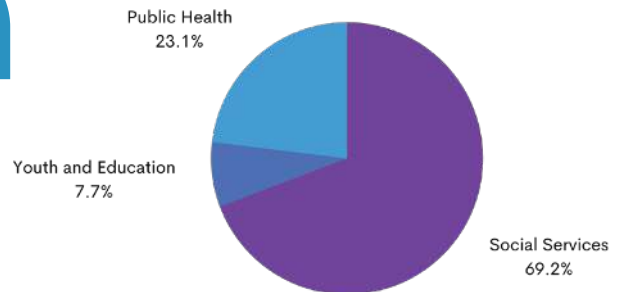
CLIENTS BY GENDER

Female.....	60%
Male.....	40%



CLIENTS BY PROGRAM

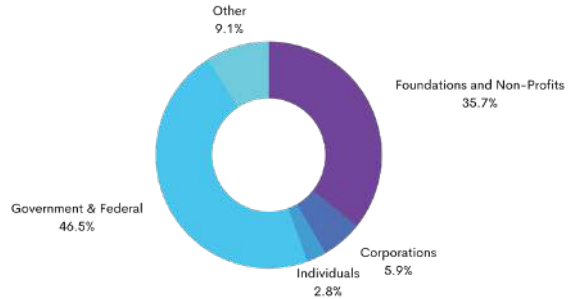
Social Services.....	45,000
Youth and Education.....	5,000
Public Health.....	15,000
Total Served in 2020.....	65,000



REVENUE FOR YEAR ENDED DECEMBER 31, 2020 (UNAUDITED)

Foundations & Nonprofit Organizations	\$557,100.00
Corporate Contributions	\$91,850.00
Individual Contributions	\$43,673.00
Government & Federal Contracts	\$724,857.00
Other	\$141,122.00

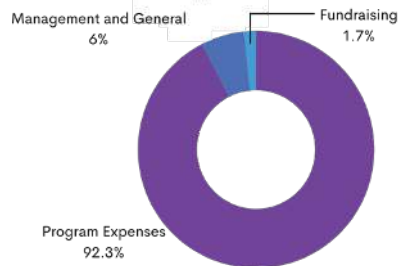
Total Income: \$1,558,602.00



EXPENSES FOR YEAR ENDED DECEMBER 31, 2020 (UNAUDITED)

Program Expenses	\$1,084,836.67
Management & General	\$69,963.90
Fundraising	\$19,737.34

Total Expenses: \$1,174,537.91



STATEMENT OF FINANCIAL POSITION (UNAUDITED)

Assets

Cash Unrestricted	\$1,335,304.86
Fixed Assets	\$1,708,934.46
Other Assets	\$124,015.50

Total Assets	\$3,168,254.82
Total Liabilities	\$373,923.33
Total Equity	\$2,794,331.49
TOTAL	\$3,168,254.82



Hassan Ahmad, MBA
LAHC Treasurer

OUR DEEPEST GRATITUDE TO OUR DONORS

Abir Y Bazzi	FritoLay	Nadra Shami
Adin Crnkovic	Garden Food Distributor INC	Nawal Sleiman
Afaff Hagerahma	Global Educational Excellence	Ned Fawaz
Ahlam H Basma	Hamadeh Educational Services	Network for Good
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Blue Cross Blue Shield Foundation	Lisa M Alawie	Sami Albaze
Brian Brikman	Majida Al saedi	Star International Academy
Children's Hospital Of Michigan Foundation	Mariam Ismail	Sylva Bazzi
Cigna Foundation	Marina A. Lekkass	The Aline Underhill Orten Foundation
Comerica Bank	Marwan Abouljoud	The Carls Foundation
Community Foundation for Southeast MI	Maya Audi	The Children's Foundation
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County of Wayne.	Meghan Elizabeth Hanley	The PNC Financial Services Group
Dareen Abdulsater	Meijer	The Skillman Foundation
Dawn C Pier	Merlton L Brandenburg	Thomas ODonohue
Dawn M ONeal	MGM Resorts Foundation	Trinity Health
Dearborn Realtors Community Foundation	Michigan Fitness Foundation	United Way
Detroit Wayne Integrated Health Network	Michigan Department of Health and Human Services-MDHHS	Universal Academy
Doha Amin	Michigan Fuels	Universal Learning Academy
DTE Energy Foundation	Michigan Health Endowment Fund	Walmart
Eman Benhoaimal	Mohamed Hussein Ayad	Wassim Mahfouz
Ethel and James Flinn Foundation	Molina Health Care of MI	Wayne State University
Fairlane Ford	Muna H Aljahmi	Yahya Basha
Ford Motor Company Fund	Nadia Bazzi	Youla Saleh
Foundation Source, Administrator		Zainab Altwaij

Our Mission

To empower communities, one family at a time, by advancing the educational, social, health and economic well-being of Southeast Michigan Residents.